

# Embodying All That You Are

A Two Hour ONLINE INTENSIVE with Elaine Huang

**SUNDAY, OCTOBER 17, 2021**

**10:00 AM – 12:00 PM MST**

**The process of how awakening takes up residency in one's being:**

stabilizing awakening through a gradual realignment with Awareness

growing and nourishing your bridge to your spiritual home

transforming and healing obstructions to sensing greater reality

liberating your mind & heart from the past

loving your humanity into wholeness

**WEBINAR COST \$40.00**

**REGISTRATION AND PAYMENT AVAILABLE ONLINE AT:**

**[www.mayyouawaken.com](http://www.mayyouawaken.com)**

Prepayment is required to receive a Zoom link for the webinar.

The Zoom link will be sent out a week before the event.

All registrants will receive an audio recording to keep.

Or pre-register by calling 406-582-8694 or by emailing [mayyouawaken@gmail.com](mailto:mayyouawaken@gmail.com).

Kindly mail checks to: Embodiment of Freedom

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Elaine is the spiritual teacher for Embodiment of Freedom. She has been a meditator for 32 years and has led over 100 meditation intensives in various settings since 1992. Elaine has assisted over 1,300 individuals through all phases of the spiritual path and specializes in the awakening-embodiment process. Elaine's meditation retreats and online intensives promote spiritual insight and offer practical tools that help people access the ultimate peace that is always here.

